

## COVID Update

The following is an update from the District regarding COVID for the 2022-2023 school year:

- It is no longer required to quarantine after exposure but it is recommended that a test be done 5 days after exposure regardless of vaccination status.
- Contact tracing is no longer required.
- If an exposure or a positive case occurs in an Elementary school or self-contained classroom, a letter will go home to parents along with tests kits.

### Illness and Positive Reporting

- No lab testing is required. A negative test is required if symptomatic.
- If symptoms occur, complete the Daily Screening Questionnaire and report to your supervisor that you are having symptoms.
  - ✓ Take a home test, date it, initial it, screen shot the positive test, send to [benefit@rcsdk12.org](mailto:benefit@rcsdk12.org), and to [covid.response@rcsdk12.org](mailto:covid.response@rcsdk12.org).
- Returning to Work:
  - ✓ Return to work after five days of isolation (testing positive) after improving symptoms and fever-free for 24 hours without medication.
  - ✓ When returning after isolation, masks must be worn for five full days after testing positive. If one refuses, they will be sent home.
- Cohorting and social distancing is no longer required.
- No NYS State Daily reporting
- Daily Screening Questionnaire only if symptomatic or tested positive.
- Weekly testing for staff and students no longer required.
- Test kits are available in the nurses' offices and in school offices.
  - The iHealth COVID-19 (orange boxes) tests have a six-month extension on expiration dates. See <https://ihealthlabs.com/pages/news> for more information.
  - The CareStart COVID-19 (purple boxes) tests expire after 16 months. See [https://assets.website-files.com/60be1a26622a3aabb72751b8/61cccab3104c18e1df690915\\_CareStart%20COVID-19%20Ag%20Exp%20Date%20Extension%20Notice\\_V7%20\(16%20Months%20%20Intrivo\).pdf](https://assets.website-files.com/60be1a26622a3aabb72751b8/61cccab3104c18e1df690915_CareStart%20COVID-19%20Ag%20Exp%20Date%20Extension%20Notice_V7%20(16%20Months%20%20Intrivo).pdf) for more information.